TIME SCHEDULE

[b]We will be doing a ROLLING schedule….the times listed are an [i]anticipated [/i]start time. Please pay attention to how the meet is progressing. [/b]

7:40am Coaches Meeting (Pole Vault Check, Shot and Disc Implement Weigh In).

8:00 3200m Girls

8:15 3200m Girls (Fast Section)

8:30 3200m Boys (Slow sections)

8:45 3200m Boys (Fast Section)

9:00   Girls 800 M Medley (Finals Heats v Time)

9:15   Girls 4 x 800 M Relay (Finals 2 Heats)

9:30   Boys 4 x 800 M Relay (Finals 2 Heats)

9:45 Girls 100 M High Hurdles (Finals-Heats v Time)

10:00 Boys 110 M High Hurdles (Finals-Heats v Time)

10:15 Girls 100 M Dash (Finals-Heats v Time)

10:45 Boys 100 M Dash (Finals-Heats v Time)

11:15 Girls 4 x 200 M Relay (Finals-Heats v Time)

11:25 Boys 4 x 200 M Relay (Finals-Heats v Time)

11:40 Girls 1600 M Run (Finals-Heats v Time)

12:05 Boys 1600 M Run (Finals-Heats v Time)

12:45 Girls 4 x 100 M Relay (Finals-Heats v Time)

12:55 Boys 4 x 100 M Relay (Finals-Heats v Time)

1:05 Girls 400 M Run (Finals-Heats v Time)

1:30 Boys 400 M Run (Finals-Heats v Time)

2:00 Girls 300 M LH (Finals-Heats v Time)

2:25 Boys 300 M HH (Finals-Heats v Time)

2:50 Girls 800 M Run (Finals-Heats v Time)

3:20 Boys 800 M Run (Finals-Heats v Time)

3:50 Girls 200 M Dash (Finals-Heats v Time)

4:15 Boys 200 M Dash (Finals-Heats v Time)

4:40 Girls 4 x 400 M Relay (Finals-Heats v Time)

5:00 Boys 4 x 400 M Relay (Finals-Heats v Time)

8:30 AM Field

Girls Pole Vault, Girls Triple Jump, Girls High Jump (South Pit), Boys Long Jump, Girls Shot Put, Boys Discus. Boys High Jump (North Pit)

12:15 PM Field

Boys Pole Vault, Boys Triple Jump, Girls Long Jump, Boys Shot Put, Girls Discus,

