**$5 Entrance Fee for All Spectators (Cash Only)**

**Schedule of Events**

8:30 Coaches Meeting
9:00 Discus (Girls followed by boys)

Shot Put (Boys followed by girls)
High Jump (Boys followed by girls) (Opening heights- 5’0”/4’0”) Pole Vault (Girls followed by boys) (Opening heights- 6’0”/8’0”) Long Jump (Boys followed by girls)
Triple Jump (Girls followed by boys)

9:00 2 Mile Team Race (1 Heat for each gender/CC Scoring)
9:30 400/440 Hurdle Relay (4 x heats, scored XC by overall place) 10:20 6400m Relay (Girls Section)
11:00 400m Relay
11:25 3200m Relay
11:50 800m Relay
12:05 Distance Medley Relay (1200-400-800-1600)
12:35 Sprint Medley Relay (100-100-200-400)
12:55 1600m Medley Relay (400-200-200-800)
1:20 6400m Relay (Boys Section)
1:50 1600m Relay
2:15 Weight Person’s Relay (4x100)

\*\*All events are girls first followed by boys