**$5 Entrance Fee for All Spectators (Cash Only)**

**Schedule of Events**

8:30 Coaches Meeting  
9:00 Discus (Girls followed by boys)

Shot Put (Boys followed by girls)  
High Jump (Boys followed by girls) (Opening heights- 5’0”/4’0”) Pole Vault (Girls followed by boys) (Opening heights- 6’0”/8’0”) Long Jump (Boys followed by girls)  
Triple Jump (Girls followed by boys)

9:00 2 Mile Team Race (1 Heat for each gender/CC Scoring)  
9:30 400/440 Hurdle Relay (4 x heats, scored XC by overall place) 10:20 6400m Relay (Girls Section)  
11:00 400m Relay  
11:25 3200m Relay  
11:50 800m Relay  
12:05 Distance Medley Relay (1200-400-800-1600)  
12:35 Sprint Medley Relay (100-100-200-400)  
12:55 1600m Medley Relay (400-200-200-800)  
1:20 6400m Relay (Boys Section)  
1:50 1600m Relay  
2:15 Weight Person’s Relay (4x100)

\*\*All events are girls first followed by boys