**CONTINENTAL LEAGUE FROSH/SOPH MEET SCHEDULE**

**WEDNESDAY, June 2nd**

**FIELD EVENTS:**

**8:00 A.M.**

Triple Jump Girls

Long Jump Boys

Shot Put Girls

High Jump Boys

Pole Vault Girls

Discus Boys

**Immediately Following:**

Long Jump Girls

Triple Jump Boys

Discus Girls

Pole Vault Boys

High Jump Girls

Shot Put Boys

**RUNNING EVENTS:**

We will have a rolling schedule – Please have your athletes pay attention to the announcer

**8:00 A.M.**

Finals 3200m Run Girls

Finals 3200m Run Boys

Sprint Medley (1-1- 2-4) Girls

Finals 4 X 800m Relay Girls

Finals 4 X 800m Relay Boys

Finals 100m Hurdles Girls

Finals 110m Hurdles Boys

Finals 100m Dash Girls

Finals 100m Dash Boys

Finals 4 X 200m Relay Girls

Finals 4 X 200m Relay Boys

Finals 1600m Run Girls

Finals 1600m Run Boys

Finals 4 X 100m Run Girls

Finals 4 X 100m Run Boys

Finals 400m Dash Girls

Finals 400m Dash Boys

Finals 300m Hurdles Girls

Finals 300m Hurdles Boys

Finals 800m Run Girls

Finals 800m Run Boys

Finals 200m Dash Girls

Finals 200m Dash Boys

**15 minute break to allow sprinters recovery time before 4x400**

Finals 4 X 400m Relay Girls

Finals 4 X 400m Relay Boys

Finals Awards Immediately Following