

## **Centaurus Twilight 2021**

## **Track and Field Meet**





## **Tentative Schedule and Starting Heights**

\*It will be a rolling schedule We won't go more than 30 minutes ahead of schedule

## 12:00pm Field events

- Boys High Jump followed by Girls (G 4-4, then 2")(B 5-4, then 2")
- Girls Pole Vault followed by Boys (B 9, 10, 11 then 6")(G 7, 8, 9 then 6")
- Boys Discus followed by Girls
- Girls Shot Put followed by Boys
- Girls long jump followed by girls triple jump
- Boys long jump followed by boys triple jump
- 12:00 Girls 800m Sprint Medley (2 heats)
- 12:10 Girls 4 X 800m Relay (1 heat)
- 12:25 Boys 4 X 800m Relay (1 heat)
- 12:40 Girls 100m Hurdles (6 heats)
- 12:50 Boys 110m Hurdles (5 heats)
- 1:00 Girls 100m Dash (9 heats)
- 1:15 Boys 100m Dash (11 heats)
- 1:35 Girls 4 X 200m Relay (2 heat)
- 1:45 Boys 4 X 200m Relay (3 heats)
- 2:00 Girls 1600m Run (4 heats)
- 2:30 Boys 1600m Run (5 heats)
- 3:05 Girls 4 X100m Relay (2 heats)
- 3:15 Boys 4 X100m Relay (2 heats)
- 3:25 Girls 400m Dash (6 heats)
- 3:35 Boys 400m Dash (8 heats)
- 3:55 Girls 300m Hurdles (5 heats)
- 4:05 Boys 300m Hurdles (6 heats)
- 4:15 Dinner Break (30 minutes officials and coaches dinner)
- 4:45 Girls 800m Run (4 heats)
- 5:05 Boys 800m Run (4 heats)
- 5:25 Girls 200m Dash (9 heats)
- 5:45 Boys 200m Dash (10 heats)
- 6:05 Girls 3200m Run (1 heat)
- 6:20 Boys 3200m Run (1 heat)
- 6:35 Mixed 4 X400m Relay (2 heats)
- 6:50 Girls 4 X 400m Relay (2 heats)
- 7:10 Boys 4 X 400m Relay (2 heats)